

## The 52 Mental Factors (*cetasika*)

universals (7)	occasionals (6)	unwholsome (14)				beautiful (25)			
		universals (4)	occasionals (10)		universals (19)	occasionals (6)			
			greed-group	hatred-group	others		abstinences	limitless	wisdom
1	8	14	18	21	25	28	47	50	52
2	9	15	19	22	26	29	48	51	
3	10	16	20	23	27	30	49		
4	11	17		24		31			
5	12					32			
6	13					33			
7						34			
						35 36			
						37 38			
						39 40			
						41 42			
						43 44			
						45 46			

## Universal mental factors

1. *Phassa* Contact
2. *Vedanā* Feeling
3. *Saññā* Perception
4. *Cetanā* Intention
5. *Ekaggatā* One-pointedness
6. *Jīvitindriya* Life faculty
7. *Manasikāra* Attention

## Occasional mental factors

8. *Vitakka* Initial thought
9. *Vicāra* Sustained thought
10. *Adhimokkha* Determination
11. *Vīriya* Energy
12. *Pīti* Rapture
13. *Chanda* Wish

## Unwholesome mental factors

14. *Moha* Delusion
15. *Ahirika* Shamelessness
16. *Anottappa* Moral fearlessness
17. *Uddhacca* Restlessness
18. *Lobha* Greed
19. *Diṭṭhi* Wrong view
20. *Māna* Conceit
21. *Dosa* Hatred
22. *Issā* Envy
23. *Macchariya* Stinginess
24. *Kukkucca* Worry, remorse
25. *Thīna* Sloth, laziness
26. *Middha* Torpor, tiredness
27. *Vicikicchā* Sceptical doubt

## Beautiful mental factors:

28. *Saddhā* Confidence
29. *Sati* Mindfulness
30. *Hiri* Moral shame
31. *Ottappa* Moral fear
32. *Alobha* Non-greed
33. *Adosa* Non-hatred
34. *Tatramajjhataṭṭā* Equanimity
35. *Kāyapassaddhi* Tranquillity (of mental factors)
36. *Cittapassaddhi* Tranquillity (of consciousness)
37. *Kāyalahutā* Lightness (of mental factors)
38. *Cittalahutā* Lightness (of consciousness)
39. *Kāyamudutā* Pliancy (of mental factors)
40. *Cittamudutā* Pliancy (of consciousness)
41. *Kāyakammaññatā* Adaptability (of mental factors)
42. *Cittakammaññatā* Adaptability (of consciousness)
43. *Kāyapāguññatā* Proficiency (of mental factors)
44. *Cittapāguññatā* Proficiency (of consciousness)
45. *Kāyujjukatā* Rectitude (of mental factors)
46. *Cittujjukatā* Rectitude (of consciousness)
47. *Sammā vācā* Right speech
48. *Sammā kammanta* Right action
49. *Sammā ājīva* Right livelihood
50. *Karuṇā* Compassion
51. *Muditā* Sympathetic joy
52. *Paññindriya* Wisdom (faculty)